# School Tuckshop
## Healthy Choices Menu

**Tuckshop is open every Wednesday, Thursday & Friday**
**Tuckshop Convenor – Anna Sinitsky**

This menu has been developed in line with Smart Choices

😊 Green – Healthy Choice  |  🟠 Amber – Sometimes Choice

## SANDWICHES
- Vegemite 🎈 $3.00
- Cheese 🎈 $3.00
- Egg and Lettuce 🎈 $3.50
- Ham 🎈 $3.50
- Ham, Cheese and Tomato 🎈 $4.00
- Salad 🎈 $4.00
- Ham and Salad 🎈 $4.50
- Chicken and Salad 🎈 $4.50
- Tuna and Salad 🎈 $4.50

**Salad: Lettuce, Tomato, Carrot**

## SALAD BOXES
- Plain Salad 🎈 $5.00
- Ham and Salad 🎈 $6.00
- Chicken and Salad 🎈 $6.00
- Tuna and Salad 🎈 $6.00
- Dressings 🎈 $0.50

Extras:
- Grated Cheese 🎈 $0.50

## SEASONAL FRUIT
- Sliced Watermelon (Summer) 🎈 $1.00
- Assorted fruit pieces 🎈 $1.50
- Fruit Salad Tub (Summer) 🎈 $4.00

## HOT FOOD
- Lasagne 🎈 $4.00
- Fried Rice 🎈 $4.00
- Mini Pies 🎈 $3.00
- Sausage Rolls 🎈 $3.00

## SNACKS
- Cheese & Crackers 🎈 $2.00
- Popcorn 🎈 $1.00

## DRINKS
- Breka Milk 🎈 $2.00
- Plain Water 🎈 $1.00

## ICE BLOCKS
- Mini Callipo 🎈 $1.00

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### How to order:

The Tuckshop runs on a **brown bag** system. Please use separate bags for hot and cold orders. Clearly label bags with:

- Child’s name
- Class
- Food order

If possible, please try to include the correct change. Orders should be placed no later than 8:45am. Thank you Anna Sinitsky