



St. Mark's Catholic Primary School

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2015 TERM DATES:
Term 1: 28 Jan - 2 Apr
Term 2: 20 Apr - 26 Jun
Term 3: 13 July-18 Sept
Term 4: 6 Oct - 4 Dec

23 June 2015
Week 10 Term 2



Last Day of Term 2 this Friday



Dear Parents/Carers,

Last week saw the running of a very successful sports carnival. The children gave a lot of themselves for their teams and the effort, sportsmanship and fun were very evident. Congratulations to all who assisted and particularly to Mr Biddulph, for his co-ordination, and the staff who made sure that all went well. The weather was great and allowed us to put into action all of the plans that we had.

Congratulations to Mercy for a great whole team effort in securing the title for 2015.

We also spotted some extra-ordinary talent from among our parents (and teachers) when it comes to "javelin" throwing!

My thanks to you for your support on the day, of our school and your children.

Challenge Cup

Last week Mackillop 1 team won the inaugural intra-school challenge and their name goes proudly on the Challenge Cup. The competition was one of mixed teams, playing fixture rounds, semis and grand final. All games were played in great spirit and some amazing skills, at lunch times, culminating in the final game last Thursday. Special thanks must go to Mr Ebzery and Mrs Eaton for the concept/organization and energy. The children certainly enjoyed it.

We look forward to the next challenge next term which will be in a different sport.

Winter Appeal

We are in need of a big, generous, final burst for our Winter Appeal. Donations have been coming in slowly. For our appeal to be successful, please send in your donations to class teachers. It would be great if every family could support those less well off than ourselves. In anticipation—thank you.

Semester Reports

Reports have been printed and currently being signed, ready to be presented to you in the first week of next term. The parent/ teacher meetings are so very important for your child's on-going success. Should there be a need to change arranged meeting times, please contact the school as a matter of urgency.

Prep 2016

Interest and interviews for prep continues and the number of positions available are more limited. If your child is born between 1/7/2010 and 30/6/2011, get your application in now.

Personal Development Programme

This programme is tailored to meet the needs of our older children and has been run very successfully for a number of years now. Last week a small number of parents took the opportunity to find out more about its content and intent.

Today the programme started and it will continue for the next two days. Please speak to your child about what they have been learning. Details have been made available from Mrs Lysaght and, should you have any further questions, do not hesitate to contact the school.

Spirit of St. Mark's Awards

This Friday, at our final assembly, we look forward to proudly announcing and presenting to one girl or boy in each year level the Spirit of St. Mark's award. It celebrates a semester's achievement, not necessarily based on academic work alone but on the living out of our virtues, in being true models of all that we hold dear in a Catholic school. My congratulations to all who have been considered, and there were many, and our recipients for this semester.

Fiesta

Date Claimer:

Sunday 13th September 9.00—3.00 pm.

Last Friday, the second steering committee meeting was held and now parish, P and F and school have a clearer picture of what each will bring to the fiesta. This community building event needs your support. Throughout next term, we will be asking for your help. Please give generously as we work to stage the best fiesta ever! Details will come soon.

Thanks to those parents and friends who have expressed their willingness to run a stall or help to run a stall. This is a fabulous start in our lead up to the fiesta.

Practical Matters

- School finishes for the term this Friday at 3.00 pm.
- School resumes on Monday, 13th July.
- There is a "disturbing" amount of lost property and without it being claimed by the end of the week, will be given away. Come and check it, or better, have your child check for their named property, and claim it.
- Please assist by returning overdue library books and any other school resources.

Garry Montgomery
Principal

Upcoming Events



Tuesday June 23:
NO Homework Club
Tuesday June 23 to
Thursday June 25:
*Yr 5-6 Professional
Development workshop*
Friday June 26
Last Day of Term 2

Monday July 13
First Day of Term 3

Sunday September 13:



Multicultural Fiesta
9:00am—3:00pm



Pope Francis' 10 Secrets to Happiness

Written by Ron Rolheiser: <http://ronrolheiser.com/ten-secrets-to-happiness/>

"The past five years have seen a growth in interest in studies on human happiness. Numerous books have been published on the topic, not least Sonja Lyubomirsky's, *The Myths of Happiness*, which has become for many a secular bible for happiness and meaning. In a recent book, *Called to Happiness*, Sidney Callahan critically evaluates many of these studies. Whatever the merit of these studies, all of us nurse our own secret dream of what will bring us happiness and often that fantasy is at odds with what we know to be true at a deeper level. What will make us happy? In a 2014 interview for the Argentine weekly, *Viva*, Pope Francis weighs in on this topic, submitting his own "Top 10 Tips" for happiness. What are Pope Francis' tips for happiness or, as he puts it, "for bringing greater joy to one's life"?

1. **Live and let live:** All of us will live longer and more happily if we stop trying to arrange other peoples' lives.
2. **Be giving of yourself to others:** Happiness lies in giving ourselves away.
3. **Proceed calmly:** Move with kindness, humility, and calm. These are the antithesis of anxiety and distress.
4. **A healthy sense of leisure:** Never lose the pleasures of art, literature, and playing with children.
5. **Sundays should be holidays:** Sunday is for family.
6. **Find innovative ways to create dignified jobs for young people:** If you want to bless a young person, don't just tell that person that he or she is wonderful. Give a young person your job!
7. **Respect and take care of nature:** The air we breathe out is the air we will re-inhale. This is true spiritually, psychologically, and ecologically.
8. **Stop being negative:** Needing to talk badly about others indicates low self-esteem. Negative thoughts feed unhappiness and a bad self-image.
9. **Don't proselyte, respect others' beliefs:** What we cherish and put our faith into grows "by attraction, not by proselytizing."
10. **Work for peace:** Peace, like war, must be waged actively by working for justice, equality, and an ever-wider inclusivity in terms of what makes up our family."



St Vincent de Paul Winter Appeal

This year our Year 5 and 6 leaders are again running our **Winter Appeal for 3 weeks in June ON NOW!** During this time **YOU** can help by donating money and goods which will go directly to families in our area. St Vincent de Paul have specifically asked for certain items for their Family Packs.

These items include: Tin corn beef, Deodorant, Pasta shells, band aids, Pasta sauce, soap, coffee, razors, tea, shampoo, baked beans, toilet rolls, spaghetti, tin potatoes, noodles, sugar, soup, cereal, long life milk, toothpaste, jam, laundry powder, nappies all sizes, scotch fingers.

Donations are to be handed in to your child's class. We will deliver the items to Inala's St Vincent de Paul on Friday 26 June. **Thank you in advance for your kind donations!**



Date Claimers ...

- St Vincent de Paul Winter Appeal ON NOW and runs until the end of term.
- Prep W will led us in our assembly prayer on Friday 26 June.
- Holidays start 3pm Friday 27 June.
- Term 3 starts Monday 14 July.



Virtue of the Week: Cleanliness

What is Cleanliness?

Cleanliness means washing often, keeping your body clean and wearing clean clothes. Cleanliness means keeping the areas around you (school and home) neat, tidy and clean. Cleanliness can be in your mind as well as your body. A clean mind means that you keep your thoughts on things which are good for you.

You are practising Enthusiasm when you ...

- Keep your body fresh and clean.
- Tidy the environments around you: classroom, school yard, room, home.
- Use clean language.
- Ask God to help you clean up your act when you need to.



Mrs Nikki Lysaght

Assistant Principal Religious Education



Thank you Sadie, Sinna, Bailey and Sarah from 1G for sharing your habitats with us. Now we know where snakes and crocodiles live.



Athletics Carnival Fun

TENNIS COACHING AT ST MARK'S SCHOOL WITH GUSE'S TENNIS

Guse's Tennis have been part of the Western Suburbs community for the past 15 years with their 4 court tennis centre located at the entrance to Forest Lake.

Wayne Guse is delighted to have been given the opportunity by the school in offering before school tennis lessons on their newly resurfaced tennis courts and will begin by offering lessons one morning per week to increase with demand.

Lessons are starting from 2nd week of Term 3 from Monday the 20th July.

Monday

7:30am to 8:10am - Beginners Grade 3,4,5 & 6 / Intermediate - \$99 per term

8:10am to 8:35am - Beginners Grade 1 & 2 - Red Ball - \$80 per term

All players receive Free Tennis Queensland Membership

For enquires or enrolments please call Wayne Guse on 3271 3852

or email info@gusestennis.com.au

We look forward to seeing you on the court!

www.gusestennis.com.au



CONGRATULATIONS!

Amelia Chadburn 5G made the Met West regional Touch Football team. She is representing St Mark's and will compete at the State Championship in Toowoomba in August.



GOOD LUCK!

Amelia & Kealan Chadburn, Jacob Ritcher, Sean Miranda and Marley Ngatai. These St Mark's students are competing in a Touch carnival in Hervey Bay during the school holidays!

The PCYC and Multicultural Community Network presents

MULTICULTURAL YOUTH DAY



TUESDAY 30TH JUNE 2015, 10AM TO 3PM

Location: PCYC Inala, Swallow St

FREE RIDES

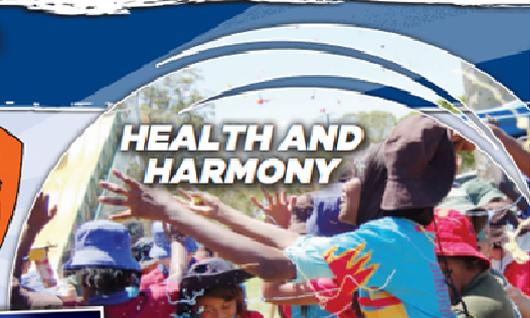
Giant Slide, Quad Bikes, Giant Swing, Rock Wall, Jumping Castles, Camel Rides, Major Ride "The Sizzler".

Meet the
**BRISBANE
ROAR**



ACTIVITIES

Interactive Stalls, Police & Fire Displays, Hip Hop Dancers, Circus Performers, Bollywood Dancers, Animal Farm, Origami Making, Sporting Events & Much More.



FREE DAILY EVENTS DURING THESE HOLIDAYS AT BUNNINGS OXLEY

To register go to Bunnings OXLEY

Kids Kokedama Workshop—Kids! Make and take home a Kokedama hanging moss ball. Suitable for ages 6-12 years. Must be accompanied by an adult.

TIVOLI DRIVE-IN MOVIES ONLY \$10 PER CAR/VAN

www.tivolidrivein.com.au

Twilight Markets on before movies start @ 6.30pm

BRISBANE MUSEUM

CALAMVALE DISTRICT PARK AWESOME PLAYGROUND

DAISY HILL KOALA CENTRE

The St Mark's P&F would like to thank the following people for their support of the Multicultural Fiesta on Sunday 13th September.

Michelle & Team from Wyndham Hotel Group - South Pacific

Robert & Team from BUNNINGS OXLEY

John & Team from PCYC INALA

Annastacia Palaszczuk MP

Cr Milton Dick

Ricky Probst from Village Theatre Sanctuary Cove

