



St. Mark's Catholic Primary School

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May 21 2018
Term 2 Week 6

All Late Students Must Be Signed in By a Parent at the Office

Dear Parents and Carers

The St Mark's Cross Country is on this Friday morning commencing at 9am on the oval. We are looking forward to a great day and hope to see many parents! Thank you to Mr. Biddulph and Mr. Mosa for preparing the course so well. The new trophy has kindly been donated by Councillor Charles Strunk. **Because of the timing of the cross country, assembly will be held at 11.30am on Friday in Mercy Hall.**

Parent workshop: On Wednesday 30 May, we are holding a parent workshop (either 2pm-3pm or 5pm-6pm) on the **Zones of Regulation** in the staffroom (please see attached flyer). We are hoping that many parents will attend this workshop which is going to be run by our Guidance Counsellor, Kimberley Cunial. Please call the office to register a place. **Translation in Vietnamese will be available at the 2pm session.**

The Zones is a systematic, cognitive behavioral approach used to teach self-regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete colored zones. The Zones framework provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts.

Lollies: Please note that lollies or lollypops are not allowed at school. We are requesting that you don't pack them in the lunchbox as they are only for eating at home due to the high sugar content.

Birthday cakes: If you are sending cakes to school for your child's birthday, please consider sending either individual cupcakes or ice blocks for ease of distribution by teachers.

Online communication: We are in the process of moving some of our communication to an on-line platform. Initially, we need to check that the email address you have supplied to the school is current. We will use one email address per family. Please fill in the form attached and return to the school office. Alternatively, please email Shona on pinala@bne.catholic.edu.au to register your current email address. To date, we have had 12% of parents return or email.

Thank you for being early during this past week – our aim is to reduce the number of students who are regularly late to school. Last week, we had nearly 60 late students – this week it has reduced to 23. Students need to be at the classroom by 8:40 am (first bell). Any students arriving after 8:40am need to be signed in to the front office by a parent or carer. Please see me if you have any questions about this process.

Enjoy the week ahead.

Allison Malouf
Principal

Every truth has four corners: as a teacher I give you one corner, and it is for you to find the other three.
Confucius



2018 TERM DATES:

Term 1: 23 Jan - 29 Mar
Term 2: 17 Apr - 29 Jun
Term 3: 16 Jul - 21 Sep
Term 4: 8 Oct - 7 Dec

Prep 2019 Enrolments

Interviews for Prep 2019 will begin in the next few weeks. Please contact the office to arrange an appointment if you do not have an appointment.

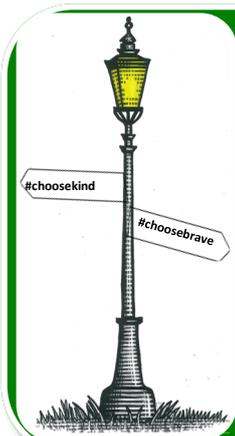
Please note all siblings of current students must complete an enrolment application.

Dates for Your Diary

Important dates in the next few weeks for this term:

Friday 25 May:	St Mark's Inaugural Cross Country (all students Prep-Year 6)
Wednesday 30 May:	Parent workshop (Zones of Emotional Regulation 2pm; repeated at 5pm)
Wednesday 6 June:	Free dress day for STATE OF ORIGIN football.
Friday 8 June:	School Disco Mercy Hall

Religious Life of the School News



In 2018
#ChooseA
dventure
with
Jesus!

Pentecost

Last Sunday, we celebrated Pentecost, which comes 50 days after Easter and ten days after the Ascension of Our Lord. Pentecost marks the descent of the Holy Spirit on the apostles who were locked in a room due to fear, the fear of the Jews and seeing Jesus crucified. Jesus came among them as the risen Lord and breathed the Spirit of God upon them, enabling the apostles to go to the ends of the earth proclaiming Jesus crucified and risen. It is during this sacred time that we recognise each year the birthday of the Church. Archbishop Mark Coleridge says, "It's the beginning of the mission of proclaiming Jesus Christ risen, who is here now and who unlocks every door, even the doors that



seem permanently locked by fear. In the end there is no locked door that cannot be opened by the power of Jesus and no fear will ever have the last word."

Today, with the guidance of the Holy Spirit, we too look to the future, relying on the gifts of the Spirit to proclaim clearly and boldly as missionary disciples to all we encounter. 3G will lead us in prayer at assembly at 11:30am on Friday celebrating Pentecost. All are very welcome to attend. **God bless and have a wonderful week.**

National Reconciliation Week



National Reconciliation Week begins this Sunday 27 May to 3 June, a time where we celebrate Aboriginal and Torres Strait Islander peoples and their cultures. It is also a time to reflect on the events in the ongoing process of reconciliation. The theme for National Reconciliation Week 2018 is 'Don't Keep History a Secret: Learn. Share. Grow', inviting everyone this Reconciliation Week to learn more about the Australian story.

On Friday 1 June, 5B will lead our prayer assembly celebrating National Reconciliation Week. All parents are very welcome to join us in Mercy Hall at 9am for this special occasion.

St Vincent De Paul Winter Appeal

St Vincent de Paul has launched its annual Winter Appeal and this week Year 6 students will launch this appeal at St Mark's. For the remainder of Term 2, students will be asked to bring in non-perishable food items to support St Vincent de Paul with much needed items to give to families in need. Some suggestions are: tin potatoes, carrots, peas, meats, creamed corn, tuna, baked beans; spaghetti, savoury and sweet biscuits; condensed milk; Weetbix and other cereals; tea and jelly. Warm clothes and blankets are also greatly appreciated as winter settles in.



Date Claimers

- St Mark's Cross Country- Friday 25 May 9:00am-10:30am
- National Reconciliation Week Assembly – Friday 1 June 9:00am
- St Mark's Athletics Carnival- Friday 22 June.
- School Disco—Friday June 8



Virtue of the Week: Perseverance

Perseverance is being purposeful and steadfast. It is sticking to something, staying committed, no matter how long it takes or what obstacles appear to stop you. Don't let things stop you or distract you from work you need to be doing. Keep on going!

You are practising Perseverance when you.....

- Think before deciding to commit to someone or something.
- Pace yourself.
- Set goals and stick with them until they are completed.
- Stand by your friends and loved ones, even during difficult times.

Mrs. Maree Wright: Acting Assistant Principal Religious Education



COACH'S CORNER

Anthony Milford Sports Award

Last Friday an additional four students made the Anthony Milford Sports Board for being selected in the Southern Scorpions Touch Football Team. Kealan Chadburn, Jacob Richter, Marley and Rico Ngatai in addition Kealan has been selected to represent the Scorpions in the cross country and Tayzha Timu in netball. Congratulations, and we look forward to seeing how the students progress towards Met West selection.



School Cross Country

A further reminder about the whole school Cross Country this Friday 25 May, from 9.00am-10.40am on the Gilly Lyons Oval. Order of events will be as follows:

Yr. 2 Boys/ Girls	Yr.4 Boys/ Girls
Yr. 1 Boys/ Girls	Yr. 5 Boys/ Girls
Prep. Boys/ Girls	Yr. 6 Boys/ Girls
Yr.3 Boys/ Girls	

Following the last race, Councillor Charles Strunk will present the inaugural Cross Country trophy to the winning team. The Age Champions will also be presented with their medals for finishing first in their respective race.

Interschool Sports Awards

Last Friday the following people were presented with awards for the Interschool Sports season just completed. Congratulations to these students;

Players' Player Award Soccer

Yr. 5 Jim Lokadir
Yr. 6 (United) BJ Connolly
Yr. 6 (Saints) Andy Bui

Coaches Award Soccer

Yr. 5 Selihom Wedensea
Yr. 6 (United) Simon Girmay
Yr. 6 (Saints) Hoang Le

Players' Player Award Rugby League

Yr. 6 Ester Mwanza

Coaches Award Rugby League

Yr. 6 Kealan Chadurn
Yr. 6 Phong Le Nguyen

Players' Player Award Netball

Yr. 5 Team A Faustina Teni
Yr. 5 Team B Emma Teirney
Yr. 6 Team A Quincy Paese
Yr. 6 Team B Tayzah Timu

Coaches Award Netball

Yr. 5 Team A Rico Ngatai
Yr. 5 Team B Goretti Paese
Yr. 6 Team A Jacob Richter
Yr. 6 Team B Marley Ngatai



Mr. Biddulph Sports Coordinator

School News

Hearing and Vision Screening

Dear Parents/Guardians

There will be hearing and vision screening conducted at St Mark's during June and July. If you want your child to attend these screenings, please ensure you complete a consent form. There will be teachers available every Tuesday outside the Prep area before and after school with the forms for you to complete.

Important flu facts from Queensland Health:

- Flu is dangerous for everyone, but particularly for children.
- Flu strains change each year
- Flu spreads easily between people, particularly children
- If you (or your child) are unwell, stay home until better
- Remember it is not 'just the flu', it is a serious disease. Having an annual flu vaccine will help keep you, your family and the community healthy this flu season.



In 2018, Queensland Health is offering free influenza vaccine to children aged 6 months to less than five years.

Visit: <http://conditions.health.qld.gov.au/HealthCondition/condition/14/217/82/Influenza-The-Flu>

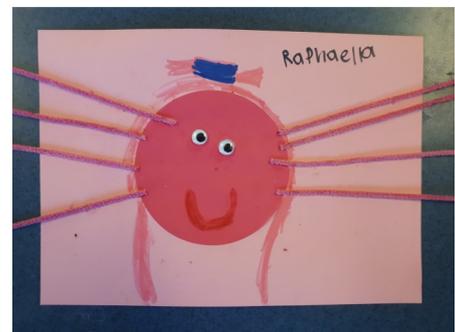
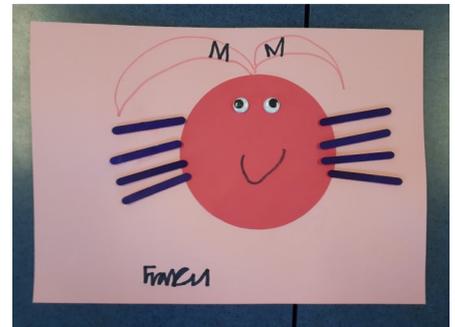
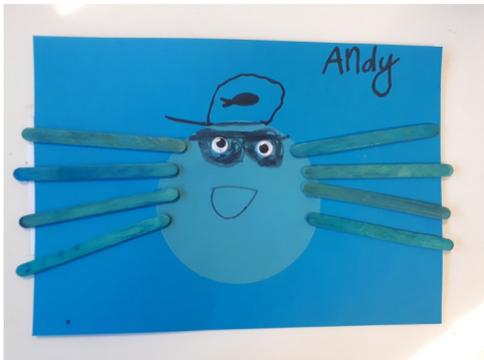
Congratulations to Phong, Betti and Peter

Congratulations to our students Phong, Betti and Peter who competed on the weekend at the Taekwondo Home Game Tournament 2018.



Year 1 - Nursery Rhymes

In year 1 we have been exploring various nursery rhymes. We have been learning the rhymes as well as finding rhyming words inside them. This week we have been working on "Incey Wincey Spider" Students created their own spiders. They also played memory games where they had to listen and find matching rhyming words.



St Mark's Parent and Guardian Email Address Survey - IMPORTANT PLEASE COMPLETE AND SEND BACK TO YOUR CHILD'S CLASSROOM

Parent/Guardian Name _____

Child's name _____

Class _____

Your email address _____

Do you have internet access either on your phone or a computer? YES / NO

If YES, please indicate which (circle) Smart Phone / Computer